



## Cycle Event

15<sup>th</sup> September 2019 10:00 – 14:00

Scouts and Explorer Scouts (10½ - 18) are invited to get on their bike to compete in a series of challenges including:

- Obstacle course
- Fast race
- Slow race
- Treasure hunt
- Target drop

First Steps will be on hand to teach road safety levels one and two.

### Where and when

West Park, Anlaby Road, Hull, HU3 6HU, meeting by the bowling greens in the park, near the Walton Street entrance.

15<sup>th</sup> September 2019, meeting at 9:45am for a 10am start. The event will finish at approximately 2pm.

### Cost

This event is free.

### What to bring/wear

Scouts and Explorer Scouts will need to bring their bike, as well as a bike helmet. If you do not have a bike but still want to take part, please let Mark Beaumont know when booking, however, there are only a limited number of bicycles and helmets to borrow.

The First Step Cycle Bikeability consent form will also need to be filled in and brought to the event.

### When to book

Please let Mark Beaumont know if you're attending by 7<sup>th</sup> September, including any adaptations needed for young people with additional needs. Volunteers will also be required to help run the bases; please inform Mark if you can help.

Scouts and Explorer Scouts must have the correct young people to adult ratio; this being 1:12 for Scouts and a minimum of two leaders for Explorer Scouts.

An Activity Notification form must be filled in on or before 8<sup>th</sup> September. This can be done online at [hullscouts.org.uk/activity-form](http://hullscouts.org.uk/activity-form)

Email [mark@1dragon.karoo.co.uk](mailto:mark@1dragon.karoo.co.uk)



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Tel 07397 969201